

Referring Physician: _____

Name: _____ Age: _____

HISTORY QUESTIONNAIRE:

Do you have problems with the following?

Yes No Nose Bleeding If yes, when? _____

Yes No Drainage down the back of throat

Yes No Frequent Sore Throat

Yes No Frequent Hoarseness

Yes No Frequent Dry Coughing

Yes No Frequent Productive Coughing

Yes No Frequent Headaches If yes, how often? _____

Do your headaches cause: Nausea Vomiting Sensitivity to Light or Sound Visual Disturbance

Are your headaches usually: Mild Moderate Severe

How many years have you had frequent headaches?: _____

Yes No Frequently Runny Nose

Yes No Frequent Sneezing

Yes No Frequently Itchy Nose

Yes No Frequently Congested Nose

Yes No Frequent Throat Clearing

Yes No Frequently Itchy Eyes

Yes No Frequently Watery Eyes

Yes No Frequently Red Eyes

Yes No Frequently Swollen Eyes

Yes No Hearing Loss If yes, R L Since when? _____

Recent hearing test? Yes No

When and where: _____ Results: Normal Abnormal

Yes No Exposure to loud noise?

Yes No Ear Pain

Does chewing worsen ear pain? Yes No

Frequent gum-chewing Yes No

Bruxism (Grind or Grit Teeth?) Yes No

Yes No Ear Drainage If yes, R L

Yes No Ear Fullness If yes, R L

Yes No Ringing in Ears If yes, R L

Frequent Caffeine (coffee, tea, colas, chocolate) intake? Yes No

Frequent aspirin/ibuprofen intake? Yes No

Yes No Imbalance

Yes No Spinning Dizziness

Any trauma to head prior to dizziness? Yes No

Yes No Difficulty Swallowing

Yes No Pain Swallowing

Yes No Chocking Sensation

Yes No Frequent Heartburn

Yes No Wheezing

Yes No Snoring

Yes No Thirst upon Awakening

Yes No Mouth breathing or difficulty breathing through your nose?

Yes No Frequent Tonsillitis If yes, how many episodes during the last 12 months? _____

Yes No Daytime Sleepiness

Yes No Heart fluttering

Yes No Restless nighttime sleep

Yes No Have you ever had trauma to your nose? If yes, when? _____

_____ Initial _____ Date

Yes No Thunderous snoring
 Yes No Breath holding for more than 15 seconds during sleep?
 Yes No Have you ever had a sleep study?
 Yes No Are your allergy/sinus/hayfever symptoms year round?
 Yes No Are your allergy/sinus/hayfever symptoms seasonal?
 If seasonal, which seasons are worse? _____
 Yes No Have you ever been tested for allergies? When? _____ Where? _____
 Yes No Do you have animals in the house? If yes, cats _____, dogs _____, other _____
 Yes No Do you often use over the counter allergy medicine?
 Yes No Do you frequently use over the counter nasal sprays?
 Yes No Do you use a feather pillow or down comforter?
 Yes No Are there stuffed animals on your bed or in your bedroom?
 Yes No Do you use a humidifier?
 Yes No Do you eat or drink dairy products often?
 Yes No Do you frequently use scented soaps, deodorants, cologne, perfume, etc?

Do you have a history of:

Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Heart Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No	High Blood Pressure	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Hepatitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Mental Disease	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Anemia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Glaucoma	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Thyroid Problems	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Asthma	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Arthritis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Free Bleeding	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Stroke	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Any Communicable Disease (HIV, AIDS, etc)	<input type="checkbox"/> Yes	<input type="checkbox"/> No			

Yes No Do you have any family history of hearing loss?
 Which relative(s)? _____
 Yes No Do you have a family history of Diabetes?
 Which relative(s)? _____

List medicines you are allergic to: _____

List medicines you are currently taking: _____

List all hospitalizations and operations: _____

Yes No Are you a cigarette smoker? If yes, number of packs per day: _____ # of years _____

When did you quit smoking? _____

Reason for visiting the doctor today: _____

